

The Shapes of Hands and Fingers

PLACEMENT

Proper hand and finger placement is crucial to effective playing. The photos below illustrate correct fret-hand placement.



The fretting hand has all 4 finger tips placed on the same string. They are opened up (not touching each other) 1 finger per fret.



Left Hand thumb is straight in the back, approximately even with finger 1 or 2. The tip of the thumb does not come over the neck. This creates space between the bottom of the neck and the palm of the hand.



Correct Right Hand placement creates a backwards C.



The thumb is to the left, the fingers to the right. See the V shape.